

Ardon M Pillay 29 April 2022 General 1B Essay Tips



Using the hallmarks as a framework



Outline

An example essay plan



Some bonus stuff for essays

Some essay tips

- Practicing Essay Plans
 - 10 min per essay plan trains speed
- Diagrams!
 - Aim for 4 diagrams per essay saves you time writing out a long explanation sometimes
 - Inventive diagrams (that you have come up with yourself) will get you bonus marks
- Experimental Evidence
 - Lent Defence against Pathogens lecture
- Catchy openers and closers
 - Quotes, broad themes, the sky is the limit!
 - Evolution is a good one generally
- Recycling 1A knowledge!
 - E.g. 1A apoptosis and cell cycle helps with cancer
- Bringing in information from other 1B subjects
 - Learning TCR signaling helps with both BOD and MODA/Pharm

The hallmarks

- Self sufficiency in growth signals
- Resistance to anti growth signals
- Unlimited replicative potential
- Evasion of apoptosis
- Angiogenesis
- Metastasis
- Genetic Instability
- Altered Metabolism
- Tumour Promoting Inflammation
- Evasion of the Immune System

Self Sufficiency in Growth Signals + Resistance to Apoptosis

- 2-fold logic to gaining self-sufficiency
- Good opportunity for a diagram! (spoiler alert for the next slide)
- Players I like to discuss
 - Ras
 - good link to why cetixumab doesn't always work
 - G12C Ras direct inhibitors -> pros and cons
 - B-Raf nice link to vemurafenib and KIAA1549 tandem duplication
 - Akt link to apoptosis
- Bad pro-apoptotic BH3 only family member, inhibited by Akt phosphorylation
- Logic of resistance to apoptosis?

dabrafenib, trametinib Plama B-Rof-> MAP-ERK posthway -> cyclin D transcription membrane ceturinals Grb2 cell cycle kinaleinhibitim activation Growin (JF) - (GF RIK erlotinib gefitinib PI3KCA trostuzumab PTEN degrades B-caterin HEID Jifferenhadom Wnt APC

Resistance to Anti-Growth Signals

- **P53** is a nice tie in from resistance to apoptosis
- Get a nice big diagram in your head for p53 actions
- Dominant negative effect v two hit hypothesis
- CDKN2A an evolutionarily strange gene
- TGF-B signalling is also useful to mention if you have time

Evolutionary Links

- Reduced antigrowth and apoptotic signaling – increased proliferation and fraction of allele pool occupied -> p53
- Self sufficiency in growth signals and resistance to antigrowth signals – time for a metaphor!

Metastasis

- Survival in a new environment bottleneck
- Weiss retransplantation experiment
- E-cadherin -> link to antigrowth signals as well

Genetic Instability

- Mutations beget mutations
- Lottery tickets
- Acquisition of more and more mutations, contributing to the other hallmarks
- Can discuss BRCA2, Olaparib, and emergence of PARP inhibitor resistance

Evasion of the Immune System

- Immunotherapy e.g. checkpoint inhibitors (good opportunity for a diagram!)
- Priming vs Activation Steps
- A panacea?

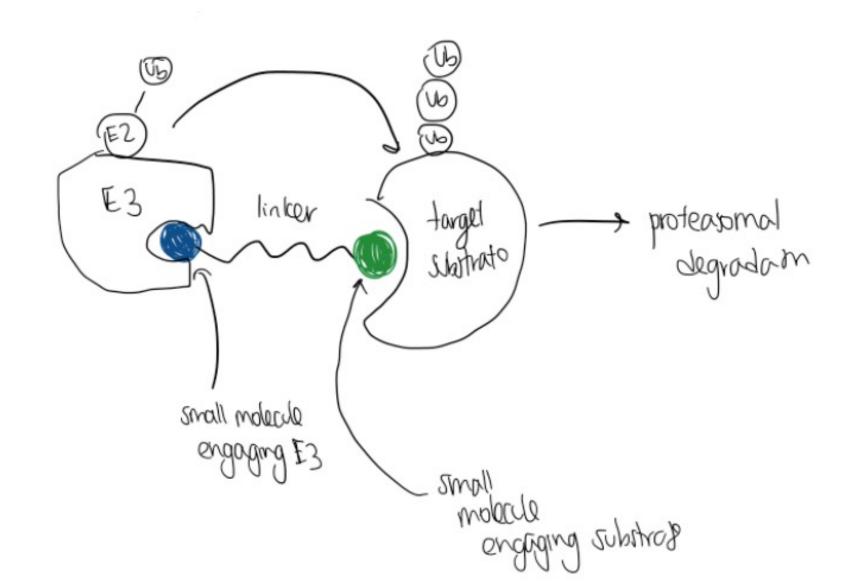
Some things to keep thinking about

- How can exploit the hallmarks for therapeutic modulation
- E.g. oncolytic viruses for resistance to anti-growth signals, checkpoint blockade for evasion of the immune system, EGFR inhibitors for self-sufficiency in growth signals
- Links to evolution how is this helping the tumour evolve?

Some extra stuff from Part II Pharmacology

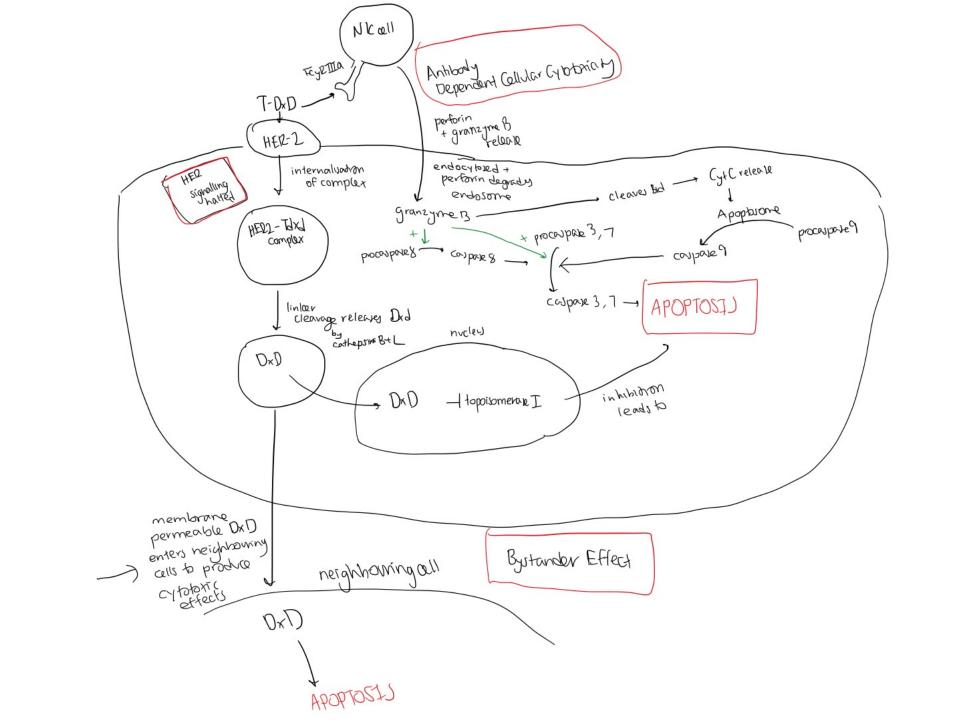


PROTACs



Antibody Drug Conjugates (ADCs)

- 2 components
- An antibody which allows targeting of the ADC to specific targets
- A drug which specifically acts on target cells



Example Essay Plan – Discuss how cancer develops as a result of dysregulated cellular signaling

- Intro explain why dysregulated cell signaling helps cancer cells
- Growth Signals (self-sufficiency)
- Resistance to Apoptosis
- Anti-Growth
- Genetic Instability (as a driver)
- Conclusion sometimes nice to end with which aspects you think are most important
- Remember keep linking concepts to clinical utility, evolution etc

Thank you for your time!